



CORTLAND LACROSSE PROSPECT CAMP 2024 - 2025- 2026

DATE:

Sunday
February 25, 2024

LOCATION:

**SUNY Cortland
Stadium Complex**

17 Lankler Dr.
Cortland, NY 13045

SCHEDULE:

9:30 am - **REGISTRATION**
10:00 am - **WARM-UP/STRETCH**
10:15 am - **STICKWORK/FOOTWORK**
10:30 am - **POSITIONAL SKILLS**
11:00 am - **6v6**
11:30 am - **TRANSITION DRILLS**
12:00 pm - **SCRIMMAGE**
2:00 pm - **OPTIONAL TOUR**

For more information please visit:

You can also contact:

TJ Bardsley

SUNY Cortland Associate Head Coach

Office: (607) 753-4993

Cell: 607-423-5919

Email thomas.bardsley@cortland.edu

Experience SUNY Cortland first hand while participating in college-style practice sessions run by the Red Dragon staff. Take in the tradition of an elite program with four National Championships, 25 SUNYAC titles, and 18 straight NCAA Div. III appearances. Check out our facilities, tour campus and have the opportunity to be instructed by the Cortland Mens Lacrosse staff!